

MONDAY	TUESDAY	WEDNESDAY 1	THURSDAY 2	FRIDAY 3
		<b>Breakfast:</b> Toasted Os with Milk <b>Snack:</b> Cheesy Mashed Potatoes <b>Lunch:</b> Turkey Meatball Subs, Carrots, Peaches <b>Snack:</b> Crackers with soy nut butter	<b>Breakfast:</b> Bagels with Cream Cheese <b>Snack:</b> Cottage Cheese Blueberries <b>Lunch:</b> Chicken & rice Casserole, Green Beans, Bananas <b>Snack:</b> Grahams with Applesauce	<b>Breakfast:</b> Corn Puffs with Milk <b>Snack:</b> Yogurt with Rice Krispies <b>Lunch:</b> Hot Turkey & Cheese, Orange Slices, Salad <b>Snack:</b> Animal Crackers & Juice
6	7	8	9	10
<b>Breakfast:</b> Toasted Os with milk & orange slices <b>Snack:</b> Cheese Grits <b>Lunch:</b> Baked Ziti, Salad, Apple Slices <b>Snack:</b> Pita with hummus	<b>Breakfast:</b> Pancakes with syrup and Strawberries <b>Snack:</b> Warm Blueberry Muffins with Milk <b>Lunch:</b> Chicken Tacos Cheese, Corn, Pears <b>Snack:</b> Cucumbers & Ritz	<b>Breakfast:</b> Corn Puffs with Milk <b>Snack:</b> Cheesy Mashed Potatoes <b>Lunch:</b> Chicken Noodle Soup, Grilled Cheese, Carrots, Pineapples <b>Snack:</b> Grahams with Applesauce	<b>Breakfast:</b> Biscuits with jelly <b>Snack:</b> Breadsticks with Marinara & juice <b>Lunch:</b> Sloppy Joe, Orange slices, Salad <b>Snack:</b> Cheese & Crackers	<b>Breakfast:</b> Corn Flakes with Milk <b>Snack:</b> Yogurt with Rice Krispies <b>Lunch:</b> Pizza, Bananas, Peas <b>Snack:</b> Trail Mix with juice
13	14	15	6	17
<b>Breakfast:</b> Cornflakes with Bananas <b>Snack:</b> Oatmeal and Milk <b>Lunch:</b> Ravioli, Apple Slices, Carrots <b>Snack:</b> Pretzels with cheese slices	<b>Breakfast:</b> Waffles with Syrup & Strawberries <b>Snack:</b> Graham crackers with Milk <b>Lunch:</b> Tomato Soup with cheese toast, Corn, Pears <b>Snack:</b> Cheez-Its with juice	<b>Breakfast:</b> Toasted Os with Milk <b>Snack:</b> Cheesy Mashed Potatoes <b>Lunch:</b> Turkey Meatball Subs, Carrots, Peaches <b>Snack:</b> Crackers with Soy Nut butter	<b>Breakfast:</b> Bagels with Cream Cheese <b>Snack:</b> Cottage Cheese Blueberries <b>Lunch:</b> Chicken & rice Casserole, Green Beans, Bananas <b>Snack:</b> Grahams with Applesauce	<b>Breakfast:</b> Corn Puffs with Milk <b>Snack:</b> Yogurt with Rice Krispies <b>Lunch:</b> Hot Turkey & Cheese, Orange Slices, Salad <b>Snack:</b> Animal Crackers & Juice
20	21	22	23	24
<b>Breakfast:</b> Toasted Os with milk & orange slices <b>Snack:</b> Cheese Grits <b>Lunch:</b> Baked Ziti, Salad, Apple Slices <b>Snack:</b> Pita with hummus	<b>Breakfast:</b> Pancakes with syrup and Strawberries <b>Snack:</b> Warm Blueberry Muffins with Milk <b>Lunch:</b> Chicken Tacos Cheese, Corn, Pears <b>Snack:</b> Cucumbers & Ritz	<b>Breakfast:</b> Corn Puffs with Milk <b>Snack:</b> Cheesy Mashed Potatoes <b>Lunch:</b> Chicken Noodle Soup, Grilled Cheese, Carrots, Pineapples <b>Snack:</b> Grahams with Applesauce	 <h2>Happy Thanksgiving</h2>	
27	28	29	0	
<b>Breakfast:</b> Cornflakes with Bananas <b>Snack:</b> Oatmeal and Milk <b>Lunch:</b> Ravioli, Apple Slices, Carrots <b>Snack:</b> Pretzels with cheese slices	<b>Breakfast:</b> Waffles with Syrup & Strawberries <b>Snack:</b> Graham crackers with Milk <b>Lunch:</b> Tomato Soup with cheese toast, Corn, Pears <b>Snack:</b> Cheez-Its with juice	<b>Breakfast:</b> Toasted Os with Milk <b>Snack:</b> Cheesy Mashed Potatoes <b>Lunch:</b> Turkey Meatball Subs, Carrots, Peaches <b>Snack:</b> Crackers with soy nut butter	<b>Breakfast:</b> Bagels with Cream Cheese <b>Snack:</b> Cottage Cheese Blueberries <b>Lunch:</b> Chicken & rice Casserole, Green Beans, Bananas <b>Snack:</b> Grahams with Applesauce	